

Cape Fear Pediatrics

ADHD Medication Policies

Your child has been diagnosed with ADHD (Attention Deficit Hyperactivity Disorder). Most medications for this condition are controlled substances. This means the DEA (Drug Enforcement Agency) and the NC State Board of Pharmacy have special rules governing how they're prescribed.

- **We may only prescribe a one-month supply.** If your prescription is lost, we may not be able to write another prescription for a month.
- **We cannot fax or phone in stimulant medication prescriptions.** Please verify the medication, quantity, and dosage are accurate when you pick up your prescription. If you prefer, we may (at your own risk) mail you the prescription in a self-addressed, stamped envelope you provide.
- **The doctor may request a progress report regarding the effects of the medication on your child.** It is important to call us with these reports as instructed.
- **To refill the prescription, we will need you to notify the office 48 hours in advance.** Please be prepared to give the medication, dosage, and the times the medication is taken. If your child is taking the medication in school, the school provides a form to be signed by the doctor. Before you bring the medication form to the office, please fill out the parent's section completely.
- **ADHD medication monitoring appointments (follow-up) will be scheduled on an appropriate frequency for your child's progress.** Failure to keep these monitoring visits may preclude further refills.
- **Health Maintenance examinations are required yearly.** These exams are important for your child's health and well-being. If you have not already scheduled an appointment for a follow-up or a health maintenance exam, you will be notified to schedule an appointment. *Please bring copies of the latest report cards and any interim or other reports from the school to these appointments.*

Thank you for helping us provide the best possible care to your child with ADHD.